

## **DOCTORS:**

You can register with a local doctor or GP (General Practitioner) near to where you live. They give advice and treatment for minor illnesses and diseases. They help with mental illness, pregnancy, obesity, drug and alcohol misuse. If specialist help is needed, the GP will refer you to a consultant. If you are entitled to use the NHS then consultant care will also be free, but you may have to travel to see that consultant. GP surgeries are managed by primary care trusts which will be able to tell you about GPs in your local area. You can also speak to NHS Direct on 0845 4647 (this is a 24/7 service) or visit [www.nhsdirect.nhs.uk](http://www.nhsdirect.nhs.uk) (the site has information in several languages).