

## TRADES UNIONS:

British trade unions have a good record in representing migrant workers and campaigning on their behalf. There are many different unions covering all occupations and industries. The Trades Union Congress (TUC) represents all the trades unions, and they can give advice on which union to join. Workers join unions so they can speak with one voice and can get support if they have a problem at work. It may be too late to join after you run into trouble.

The TUC is contactable on 0870 600 4882 or via [www.worksmart.org.uk](http://www.worksmart.org.uk)

Unions can help provide learning and skills training at work. This can include English courses. Unions charge a weekly subscription by direct debit. The amount varies and there can be discounts for new entrants or the low-paid.

## DIFFERENT UNIONS:

Unison	for people who work in public services. This is the largest union.	<a href="http://www.unison.org.uk">www.unison.org.uk</a>
GMB	branded as 'Britain's General Union', for people who work in manufacturing, food and drink, tourism and public services	<a href="http://www.gmb.org.uk">www.gmb.org.uk</a>
Amicus	for people who work in manufacturing, finance, health, printing and publishing	<a href="http://www.amicustheunion.org">www.amicustheunion.org</a>
TGWU	for people who work in transport, food and drink, hotels and manufacturing.	<a href="http://www.tgwu.org.uk">www.tgwu.org.uk</a>
UCATT	for people who do construction work.	<a href="http://www.ucatt.org.uk">www.ucatt.org.uk</a>
USDAW	for people who work in food and drink, shops and distribution work.	<a href="http://www.usdaw.org.uk">www.usdaw.org.uk</a>

## PROFESSIONAL ORGANISATIONS:

If you are a skilled worker or belonged to a profession in your home country, you may be able to join a professional organisation in this country. There are many of these. Ask for advice about which organisations are the most appropriate.